

Scotia Volunteers Share On the Benefits of Nutrition for Teachers Day.



Caption 1

Scotia Volunteer, Daniel Brown (right), has students from Allman Town Primary's Grade 3F class fully engaged around the kinds of fruits and vegetables they should be eating. Brown was one of almost 100 Scotiabanker's who volunteered to give teachers a break during the Read Across Jamaica Day and Teachers Day activities. Volunteers used the opportunity to share on the importance of proper eating, as part of the Nutrition for Learning initiative presently being rolled out by the Bank to schools. Showing their brilliance are (from left) Shantasia Pusey, Jaheem Clark, and Crystal Raglan.

Caption 2

Scotiabanker, Hopelin Hines (left), assists St. Michael's Primary Student, Kadane Cunningham (right) as he reads a Scotiabank 'Nutrition for Learning' flyer on the importance of fruits and vegetables in the diet. Hopelin was one of a number of Scotiabanker's to visit schools, and relieve teachers during the celebration of Teachers Day.

Caption 3

Students at Allman Town Primary have fun identifying fruits and vegetables displayed on the Scotiabank Nutrition for Learning programme poster during the Read Across Jamaica Day and Teachers Day activities at the school. Scotia Volunteer Claudine Murray shares in the fun.

[May, 9 2018] Teachers at 44 institutions were given a break, when almost 100 Scotiabanker's volunteered to take over their classes as part of the Read-Across Jamaica Day and Teachers Day activities. 38 schools and 6 children homes benefited from a nutritional, educational experience as Volunteers shared with students on the benefits of proper eating, through the Bank's Nutrition for Learning programme.

According to Scotia Volunteer, Claudine Murray, "Today was a good day". "We shared about nutrition, in particular about fruits and vegetables. It was very engaging, the children were very excited and we used to opportunity to sing songs and play games" she continued.

The Scotiabank Nutrition for Learning programme (NFL), is intended to bring nutrition in children to the forefront, to improve educational outcomes such as attendance and academic performance as well as introduce healthy eating to children at the early childhood and primary levels. Over 13,000 children will be impacted by this initiative.

For education week, the activities were focused on sharing information with the students, however the programme also incorporates workshops to train canteen cooks, guidance counselors and parents on how best to prepare nutritious meals. Training sessions are coordinated by Chef Jackie Tyson.

As part of the Teachers Day exercise, Volunteers had students participating in quizzes and ring games, on why they should eat more fruit and vegetables and the importance of exercise, while the teachers took the time to relax on their special day.